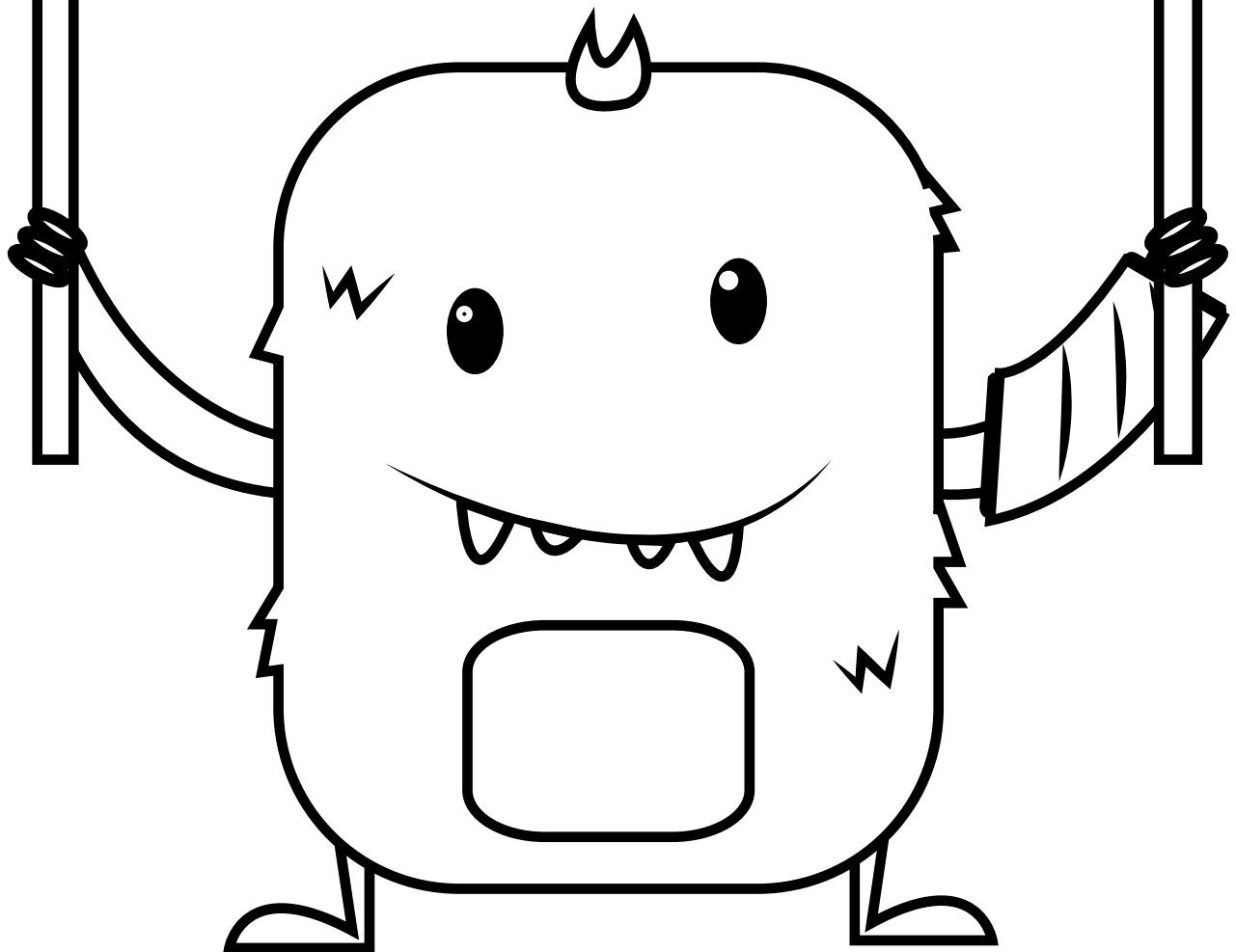
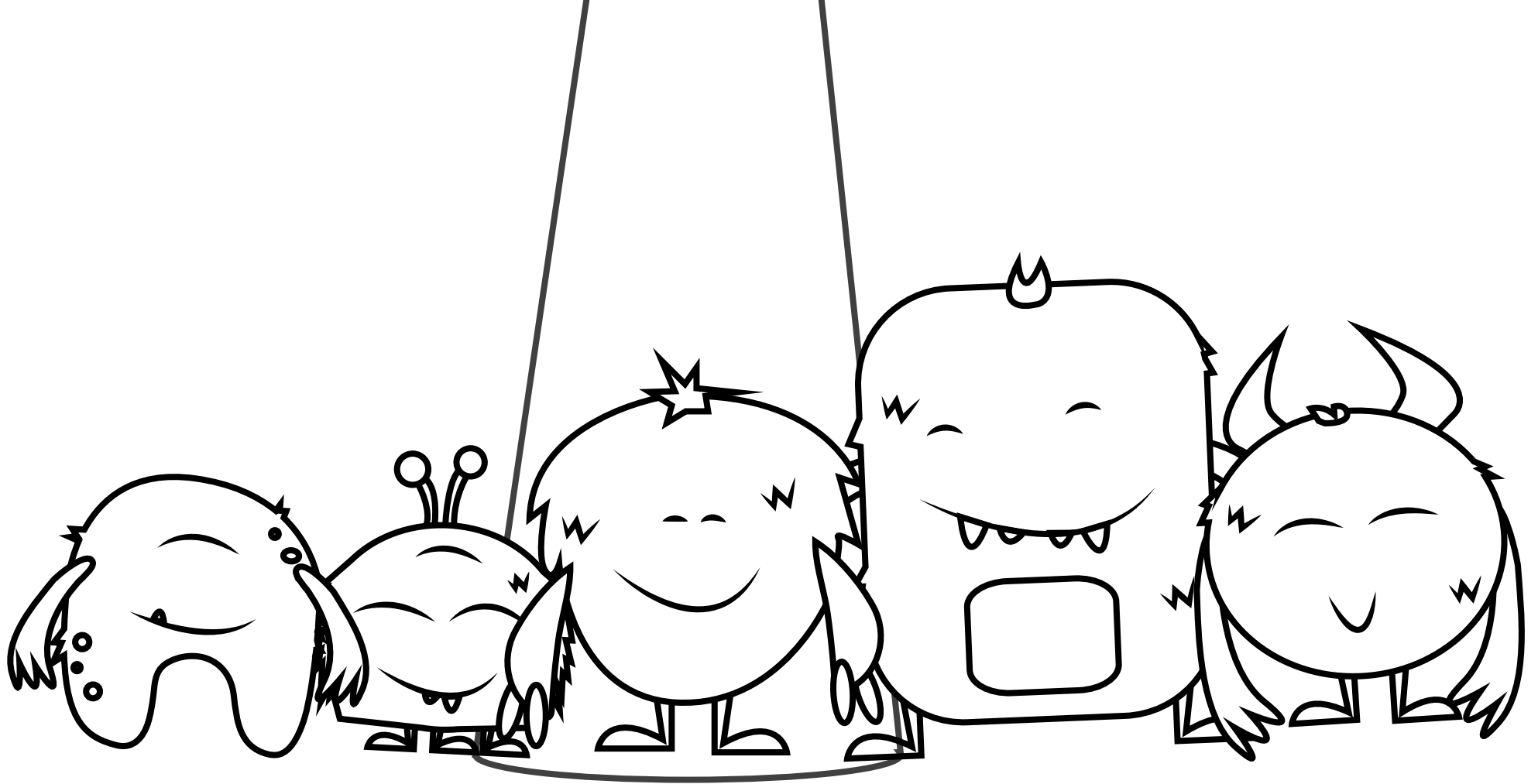


MENTAL HEALTH

*is as important as*

PHYSICAL HEALTH





YOU ARE NOT ALONE