## youth mental health

Youth deserve to have a supportive and safe space in which to raise their voices on issues and policies affecting their mental health.



## This issue is important to me because...

County \_\_\_\_\_

## I pledge to...

- Call or write my legislators to let them know about this issue
- Raise awareness about this issue through a community event
- Start a dialogue about this issue with friends, family, or co-workers
- Post on social media about the issue
- Host or attend a public forum
- Sign up for NAMI Wisconsin Action Alerts to stay up to date
- Other

